## <u>Active Week 27<sup>th</sup> – 31<sup>st</sup> May 2019</u>

Active Week is taking place in St. Kevin's G.N.S. this week. It aims to promote the importance of being active at home and at school for all our pupils. Students can wear their tracksuits all week and take part in lots of fun activities and games.

Here is a list of some of the activities for the week taking place:

- Classes will walk/run around the schoolyard at different times during the school day. We are going to set a daily target distance so that by the end of the week we will have walked the distance to reach Brussels. School target is 1,000 km. We will put map in the hall to plot our progress and will measure our laps each day.
- Whole school dancing in the yard at 12:30. Dancing in the hall if it's raining.
- The Active School Committee will provide extra play equipment for use during yard time.
- Everyone to try 10@10 (Operation Transformation) each day .
- Physical Homework to be set each day instead of some other item . There are ideas for physical homework in the Active Schools' Week Booklet and there are copies of it in the staffroom.
- Student v Teachers Rounders. Let me know if you're interested in participating in a match at the end of the week.
- Maths' Trails will also form part of the week's activities in conjunction with our school wide 'Maths Eyes' initiative this term.