

## St. Kevin's Family Resource Centre

We have moved our adult counselling, art and play therapy on line or by telephone. We can take adults pretty much straight away if you come across any parents really struggling with their mental health. Waiting list for children.

We are contacting older people each week too for a chat, happy to take new people onto this service.

Our facebook page is very active too, if families would like to check it out.

If parents with mental health, addictions or illness are struggling providing nutritious food for their families, please let me know, Tusla is co-ordinating a limited number of hot dinners and food parcels. Let me know if you any family in the school may need this support. No guarantee, but I can put referral in.

South Dublin County Council are co-ordinating the Community Response Forum, they assist people with food, prescription collections etc. Calls answered 8am to 8pm, Mon to Sat. Number is 1800 240519.